OVERWHELMED WITH LIFE: LONELINESS 2 Timothy 4:9, 11, 13-18

Loneliness. 2 Tim. 4:9, 14-16

- Different <u>seasons</u> of life. 2 Tim. 4:9, 16; Gen. 6-7; 22; 37-39;
 Ex. 2-3; Ps. 25:16; 142:4; 1 Sam. 20:30-34; Matt. 26:56; 27:46
- Opposition <u>from</u> others. 2 Tim. 4:14-15; Acts 9:27-29; 7:54-66; 4:1-4; 1 Sam. 20:30-34; John 18:19-25; Matt. 26:57-68; 27:1-2; John 18:28; Luke 23:1-12
- <u>Rejection</u> from others. 2 Tim. 4:16; Matt. 26:56; 27:46;
 John 18:15-18, 25-28; 1 Sam. 20:30-34; 18:8-16

Dangers of Ioneliness.

- **Isolation** from others.
- Indifference toward <u>God</u>.
- Health issues <u>both</u> mental and physical.

Solution (beating loneliness). 2 Tim. 4:9, 11-18

- Reach out to <u>others</u>. 2 Tim. 4:9, 11; Eccl. 4:9-12; Acts 9:26-28; 15:36-39; Luke 10:31-37; Rom. 12:10-15
- Reach out to <u>God</u>. 2 Tim. 4:17-18; 1 Tim. 1:12; 2 Tim. 2:1;
 Phil. 4:13, 19; 2 Cor. 12:7-10; Ps. 139:1-11; Heb. 13:5-6;
 Rom. 8:31-39
- Renew God's Word in your <u>mind</u> and heart. 2 Tim. 4:13; 2:15; 3:14-17; Ps. 119:11, 105
- Realize your need to <u>forgive</u> those who hurt you. 2 Tim. 4:16;
 Eph. 4:32; Luke 23:34