Growing Families God's Way

FAMILY LIFE THE RIGHT WAY SPIRITUAL FRUIT: SELF-CONTROL Gal. 5:22-23; Prov. 25:28

Self-control. What does it mean? Gal. 5:23

- "To grip or take hold of."
- The kind of person who has <u>powerful</u> passions but keeps them under control.
- To be strong and controlled and restraining of passion and appetite.
- Self-control is <u>not</u> willpower.

Self-control. What does it look like? 1 Cor. 9:24-27

- What do you want to <u>accomplish</u>? (purpose and goal) 1 Cor. 9:24-27;
 Phil. 1:21, 3:12-14; Gal. 5:16-18; Rom. 6:6-8, 11-18, 12:2; Eph. 4:22-24; 1 Cor. 6:19-20
- What does it <u>take</u> to get there? (discipline) 1 Cor. 9:25-27; 1 Tim. 4:7-8; 2 Pet. 3:18; Eph. 4:12-16; 1 Cor. 13:11; John 17:4; Ps. 119:11, 97-104; 2 Tim. 2:15, 3:15-16; John 4:34, 5:30, 6:38
- What <u>price</u> is there that must be paid? (total commitment—all in) 1
 Cor. 9:27, 6:19-20; Rom. 12:1-2; 2 Cor. 10:5; Rom. 6:11-18
- To <u>whom</u> will you surrender? (Jesus Christ) Rom. 12:1-2; Luke 9:23;
 Gal. 5:16-18; Mark 1:18; Rom. 6:11-18; Eph. 5:18; Phil. 4:13; Gal. 2:20

Self-control lived out in the family.

- <u>Temptation</u>. 1 Cor. 10:13; Heb. 4:15-16; 1 John 2:15-16; 2 Tim. 6:10;
 Matt. 4:1-11; Eph. 5:18; Phil. 4:13; Rom. 6:11-18; 1 John 4:4; Zech.
 4:6
- <u>Tongue</u>. James 3:1-11; Eph. 4:29; Matt. 12:33-37, 15:15-20; Ps. 141:3; Eph. 4:15; Prov. 15:1-2, 16:32; Ps. 15:1
- <u>Temper</u>. Eph. 4:26-27; James 1:19-20; Prov. 16:32, 15:18, 19:11; Ps. 37:7-8