



Week 1

Peace

Mary and Joseph

Luke 1:26-38, Matthew 1:18-25

Talk about it

Christmas is almost here! As we get closer to Christmas, sometimes life can feel a little bit crazy, and we may be wishing for peace. Do you know what peace is? (Invite your kids to share what they think the word peace means.) Peace is a time of calm when we trust that God is in control. Let's open the Bible and see how God gave peace to two people who were afraid and didn't understand what was going on. We are going to read from the New Testament, the second part of the Bible, from the books Luke and Matthew.

Read it

Luke 1:26-38, Matthew 1:18-25

Ask it

Have you ever been afraid or didn't understand what was going on? (Invite your child to share a time when they may have felt afraid.) What happened to help you get through that time? (Ask your child to share how the situation they were in was resolved and how they were able to get through that tough time.)

In these Bible verses today, we learned that Mary and Joseph had moments where they were afraid and didn't know what would happen.

When the angel appeared to Mary and Joseph, he said, "Peace be with you." The angel told them that, even though they were afraid, God was with them. God had a plan for Jesus to be born. Everything may have felt crazy or unsettling for Mary and Joseph, but they could have peace knowing that God is always in control.

How can we ask God to give us peace? (Remind kids that we can pray and ask God for peace, no matter what is going on. We can trust that He is in control, and that He has a plan for them.) God sent Jesus to earth so that we can have a relationship with Him. Through Jesus we can know God and have peace!

Make it

Create a part of the Christmas story! Cut apart and decorate the Mary and Joseph nativity figures on the next page. While you are decorating the figures, talk to your kids about the story that you just read from the Bible and how God gives us peace.

Pray it

Take some time to pray as a family. Ask God that as you enter this season, He would give you peace.

God, thank You for giving us peace through Jesus. Please help us trust You and know that You have an amazing plan for our lives. When things feel crazy in our lives, help us to remember that You are always in control. In Jesus' name, amen.

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She will give birth to a son, and you are to name him Jesus, because he will save his people from their sins.

Matthew 1:21